## OFFICE OF THE DIRECTOR PRINCIPAL

## SURENDERA GROUP OF INSTITUTIONS

OFFICE - ORDER

SG1/2025/1858(b)

DATE 30-09-2025

Subject: Awareness on MANODARPAN & National Suicide Prevention

All students and staff are informed about the MANODARPAN initiative and National Suicide Prevention Strategy. These programs provide mental health support, counseling, and guidance to manage stress, anxiety, depression, and other challenges.

If you experience signs of mental distress, please call:

Ministry of Health & Family Welfare 24x7 Helpline: 011-23978046

Support is also available through:

Institute counseling services

Date:

Issued by:

Dr.Ruhi Sethi

**Director Principal**